



P. O. Box 702
Vincennes, IN 47591

Monthly Progress Report Case #
Client

November 2020 County

Parent:

Child(ren):

Referral Agency: County DCS

Case Mgr/ PO Name: Chelsea Hemmerlein

Service Standard	Provider Agency Staff
Family Preservation w/2 children	Brooke Lange

Reason For Referral and Presenting Issues

Reason for Referral Services

Ongoing domestic violence between [redacted] and [redacted] appears verbally, physically, and domineering over [redacted]. [redacted] has never called the police, but acknowledge the domestic violence was a problem. The family is involved through an informal adjustment.

There is currently a no contact order in place between them however [redacted] requested for it to be dropped. According to the prosecutors office [redacted] was instructed to complete the Choices program and then the matter would be visited again. As of right now the no contact order is still in effect. [redacted] acknowledge alcohol use was a problem in his past and recently became a problem again, including: affecting arguments. The Department feels as though [redacted] needs help with deescalating techniques and coping skills to prevent further domestic violence situations. [redacted] also mentioned she felt as though [redacted] and [redacted] needed counseling together, but did not clarify as to why. [redacted] has a son who lives with her, but the Department did not include him in the case because [redacted] plan is for her son to have no contact with [redacted] any longer.

Due to busy schedules between the parents the Department request visits to be biweekly with the parents since they are living in separate home. The Department request one week the schedule be with [redacted] and [redacted] and the next week [redacted] and [redacted] primarily lives with [redacted] throughout the week.

FCM Chelsea Hemmerlein 812-582-4027 chelsea.hemmerlein@dcs.in.gov

Specific Objectives to be Accomplished:

The Department feels as though [redacted] needs help with deescalating techniques and coping skills to prevent further domestic violence situations.

The Department request the provider discuss with both parents the effect domestic violence has on children.

Family Functional Strengths

[redacted] has the support of her mother and step-father with whom she resides. [redacted] keeps active in the children's lives such as by leading their scout groups and by coaching their sports teams. [redacted] has no past due bills, and she owns a home that she is renting out. All family members have insurance coverage through [redacted] where [redacted] is currently employed.

[redacted] has insurance coverage through [redacted] his current employer. [redacted] reports having a positive relationship with [redacted] parents. [redacted] is able to utilize public transport and has tickets. [redacted] spends time with [redacted] by talking and playing with her. [redacted] has done well in school, though she receives credit rather than grades.

Overall Recommendation and Progress Summary

This referral was received on October 25, 2020. HBCW Laura Sitzman made contact with [redacted] on October 26, 2020 and scheduled a first appointment for October 28, 2020. HBCW Brooke Lange made contact with [redacted] on October 29, 2020 and scheduled a first appointment for October 31, 2020. HBCW completed the initial assessment, initial safety plan, and initial treatment plan within seven days after the first face to face contact with the family and uploaded it into KidsTraks. HBCW will be using EBP model 123 Magic with the family weekly.

During the month of November, [redacted] kept 3 out of 3 scheduled HBCW appointments, and [redacted] kept 2 out of 2 scheduled HBCW appointments.

For the month of November, HBCW reviewed the treatment plan and safety plan with [redacted] and [redacted] HBCW educated [redacted] and [redacted] on 123 Magic by reviewing video materials with them. This included start and stop behavior, not over-explaining, and not parenting with emotions. HBCW reviewed the counting portion of 123 Magic with [redacted]. HBCW educated [redacted] on negative and positive coping skills and provided [redacted] with examples of each. HBCW educated [redacted] on replacing negative coping skills gradually by relying more on positive ones. There are no concerns at this time. As stated in the referral, HBC will continue to see the parents on alternating weeks.

Weekly Safety Checklist ([redacted]): [redacted] demonstrated that the fire alarms were repaired. HBCW observed that the home was always clean and free of clutter. There are no other safety concerns at this time.

DATE(S) OF SAFETY CHECKLIST(S):

11/10/2020 5:30PM-6:13PM Face to Face/ Own Home

[redacted] demonstrated that the fire alarms had been fixed by pressing the test button. HBCW observed that the home was free of clutter. HBCW observed no safety concerns.

11/20/2020 3:30PM- 4:11PM Face to Face/Own Home

[redacted] showed HBCW that she had arranged the beds in their room. HBCW observed that the home was clean and free of clutter. HBCW observed no safety concerns.

11/24/2020 6:51PM- 7:46PM Face to Face/Own Home

[redacted] showed HBCW that she had arranged the beds again, which freed up more space in their room. HBCW observed that the house was free of clutter aside from some laundry in the laundry room. HBCW observed no concerns.

Weekly Safety Checklist ([redacted]): Cleaning materials were kept under the sink in an unlocked cabinet. HBCW discussed ([redacted]) keeping them up higher or getting a child safety lock. [redacted] indicated that his plan is to move and move these materials when he does so. Moving was delayed, but [redacted] indicated this is still his plan. HBCW observed that the house was always clean and free of clutter. There are no other safety concerns at this time.

DATE(S) OF SAFETY CHECKLIST(S):

11/7/2020 3:30PM-4:12PM Face to Face/Own Home

Cleaning materials were kept under the sink in an unlocked cabinet. HBCW discussed [redacted] keeping them up higher or getting a child safety lock. [redacted] indicated that his plan is to move into his trailer that he owns next weekend and that he could do so by then. No other concerns were observed.

11/14/2020 4:00PM- 4:53PM Face to Face/ Own Home

[redacted] indicated that he had not yet moved the cleaning materials. [redacted] stated that [redacted] relatives have not yet moved out of the trailer so moving will be postponed for another week or two. [redacted] reiterated that it is his plan to move cleaning materials to a higher place.

Next Scheduled Contact With Family

12/05/2020 , Brooke Lange

RainTree Consulting, LLC

November 2020

812.882.0509

Date

This information has been Disclosed to you from records protected by federal confidentiality rules (42 CFR Part 2). The federal rules prohibit you from making any further Disclosure of this information unless further Disclosure is expressly permitted by the written Consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The Federal rules restrict any Use of the information to criminally investigate or prosecute any alcohol or drug abuse client.

Individual Service Standard Monthly Report

Service Provided: Family Preservation w/2 children
ReferralID
Begin/End Date of Referral: 10/23/2020-06/30/2021
Service Provider Staff: Brooke Lange
No of Service Unit Authorized: 185
No of Service Units Delivered: 4.25
No of Appts Cancelled By Family: 0
No of Appts Cancelled By Provider: 0
No Shows 0

Contact Date	Start Time	End Time	Duration	Method	Location	Those Present
11/07/2020	3:30PM	4:12PM	0.75	Face to Face	Own Home	
11/10/2020	5:30PM	6:13PM	0.75	Face to Face	Own Home	
11/14/2020	4:00PM	4:53PM	1	Face to Face	Own Home	
11/20/2020	3:30PM	4:11PM	0.75	Face to Face	Own Home	
11/24/2020	6:51PM	7:46PM	1	Face to Face	Own Home	

Treatment Service Goal:

Intake / Paperwork

and will learn 123 Magic as the evidence-based practice and will implement it while parenting

will learn different coping skills to utilize while experiencing negative emotions ()

Narrative Discussion of Services Provided for this Goal during Month

kept 3 out of 3 scheduled HBCW appointments, and () kept 2 out of 2 scheduled HBCW appointments for the month of November. HBCW asked COVID-19 screening questions prior to the start of sessions.

WEEK 1:

11/7/2020 FACE TO FACE APPOINTMENT AT THE RESIDENCE OF WITH AND ;
will learn 123 Magic as the evidence-based practice and will implement it while parenting ()

HBCW conducted a session with () at his residence on November 7, 2020 at 3:30 p.m. HBCW reviewed the safety plan and treatment plan with () was engaged and identified developing coping skills as what he would most like to begin working on. () signed both the safety plan and the treatment plan. HBCW observed () with () demonstrated patience while parenting () assisted () with getting out kinetic sand when she requested it, and he asked her to play with it in another location so that he may focus on speaking with HBCW. HBCW provided () with an overview of 123 Magic. () indicated that he could play DVDs on his PS3 if HBCW were to bring in 123 Magic DVD learning materials. HBCW explained natural consequences to () and HBCW explained the two major components of 123 Magic as not parenting with emotion and not over-explaining. HBCW will meet with () on Saturday, November 21, 2020 to review the 123 Magic learning materials and to begin developing coping skills.

SAFETY CHECKLIST: HBCW reviewed and completed the safety checklist with (). Cleaning materials were kept under the sink in an unlocked cabinet. HBCW discussed () keeping them up higher or getting a child safety lock. () indicated that his plan is to move into his trailer that he owns next weekend and that he could do so by then. No other concerns were observed.

WEEK 2:

11/10/2020 FACE TO FACE APPOINTMENT AT THE RESIDENCE OF WITH AND ;
Intake / Paperwork ()

HBCW conducted a session at the residence of () on November 10, 2020 at 5:30 p.m. () appeared to be attached with () as evidenced by her wanting to sit with () at the table while () worked with HBCW. () asked for multiple pieces of her Halloween candy. () explained to her that she could have one piece because she has already eaten some and set appropriate limits for (). () enforced the limit when () asked for more. () also explained to () that she could sit with her, but if she created a distraction with her tablet, she would need to do that somewhere else. HBCW reviewed the

treatment plan and safety plan with [redacted] actively listened. [redacted] expressed that she feels that involvement is due to action, and [redacted] expressed that she feels as if she is also being blamed. HBCW explained how domestic violence education would look different for both [redacted] and [redacted]. HBCW assured [redacted] that the purpose of services is not to assign blame. [redacted] expressed feeling better after the explanation. [redacted] was attentive and indicated that she would most like to work on budgeting in addition to the evidence-based practice of 123 Magic. [redacted] signed both the safety plan and treatment plan.

SAFETY CHECKLIST: HBCW reviewed and completed the safety checklist. [redacted] demonstrated that the fire alarms had been fixed by pressing the test button. HBCW observed that the home was free of clutter. HBCW observed no safety concerns.

11/14/2020 FACE TO FACE APPOINTMENT AT THE RESIDENCE OF [redacted] WITH [redacted] AND [redacted]; [redacted] will learn 123 Magic as the evidence-based practice and will implement it while parenting [redacted] ([redacted]); [redacted] will learn different coping skills to utilize while experiencing negative emotions ([redacted]).

HBCW conducted a session with [redacted] at his residence on November 14, 2020 at 4:00 p.m. FCM Chelsea Hemmerlein was present and introduced [redacted] to his assigned permanency FCM who is to take over in a few weeks. [redacted] sat on [redacted] lap and showed HBCW and FCMs magic tricks. [redacted] intervened to keep [redacted] focused on what she was showing everyone when she became distracted. HBCW reviewed section 1 of 123 Magic DVD learning materials with [redacted]. [redacted] asked [redacted] to play with her instead. He explained to her that she can play or she could sit with him and watch, which she did. HBCW reviewed with [redacted] not parenting with emotion and not over-explaining while parenting. HBCW reviewed the concepts of start and stop behavior. [redacted] was engaged in learning and stated that the section was informative. HBCW reviewed the concept of positive and negative coping skills with [redacted]. [redacted] was engaged and asked HBCW to provide more examples of negative coping skills. HBCW discussed how it is difficult to simply stop negative coping skills, and that it helps to develop positive coping skills and rely more and more on them instead. HBCW provided [redacted] with a list of examples of coping skills. HBCW will meet with [redacted] on Saturday, November 28, 2020 to continue reviewing the 123 Magic DVD learning materials and to continue developing coping skills through a worksheet.

SAFETY CHECKLIST: HBCW reviewed and completed the safety checklist with [redacted]. [redacted] indicated that he had not yet moved the cleaning materials. [redacted] stated that [redacted] relatives have not yet moved out of the trailer so moving will be postponed for another week or two. [redacted] reiterated that it is his plan to move cleaning materials to a higher place.

WEEK 3:

11/20/2020 FACE TO FACE APPOINTMENT AT THE RESIDENCE OF [redacted] WITH [redacted] AND [redacted]; [redacted] will learn 123 Magic as the evidence-based practice and will implement it while parenting [redacted].

HBCW conducted a session at the residence of [redacted] on November 20, 2020 at 3:30 p.m. [redacted] arrived with [redacted] after picking her up from [redacted] School. HBCW observed the family's after school routine. [redacted] prepped [redacted] by reminding her that she would be going to [redacted] this evening. [redacted] directed the children to get things together, and she ensured that they had a snack after school. HBCW brought the 123 Magic DVD, but [redacted] indicated that she does not have a DVD player. HBCW developed a plan with [redacted] to bring a portable DVD player so that she could review the materials next time. HBCW provided [redacted] with an overview of 123 Magic, including not parenting out of anger and not over-explaining. [redacted] actively listened and asked for further explanation of talking too much while parenting. [redacted] indicated that [redacted] is not receptive to lecturing so she can see why that would be part of the system.

SAFETY CHECKLIST: HBCW reviewed and completed the weekly safety checklist with [redacted]. [redacted] showed HBCW that she had arranged the beds in their room. HBCW observed that the home was clean and free of clutter. HBCW observed no safety concerns.

WEEK 4:

11/24/2020 FACE TO FACE APPOINTMENT AT THE RESIDENCE OF [redacted] WITH [redacted] AND [redacted]; [redacted] will learn 123 Magic as the evidence-based practice and will implement it while parenting [redacted].

HBCW conducted a session at the residence of [redacted] on November 24, 2020 at 6:51 p.m. HBCW brought a portable DVD player and reviewed the introduction and first two chapters of 123 Magic with [redacted]. These sections included an overview of 123 Magic and the concepts of not parenting out of anger and not over-explaining. The second chapter described the counting system and provided examples of how counting should be implemented. HBCW observed [redacted] with [redacted]. [redacted] frequently attempted to interrupt, and [redacted] redirected her to find another activity while she was watching the DVD. When [redacted] asked for food or juice, [redacted] demonstrated patience and provided her with what she needed. [redacted] actively listened to the 123 Magic materials. [redacted] applied what she learned by thinking about how the system would work with her two children. [redacted] demonstrated knowledge that [redacted] is more reactive and would thereby benefit more from "taking ten" upon reaching 3 in counting. [redacted] explained to HBCW how she currently has [redacted] take some time out in her room until she is better able to self-regulate. HBCW talked with [redacted] about how this is compatible with 123 Magic, and [redacted] provided a positive indication that she will implement what she has learned from the materials.

SAFETY CHECKLIST: HBCW completed the weekly safety checklist with () () showed HBCW that she had arranged the beds again, which freed up more space in their room. HBCW observed that the house was free of clutter aside from some laundry in the laundry room. HBCW observed no concerns.

Progress Summary Toward Goal

Progress: HBCW reviewed the treatment plan and safety plan with () and () HBCW educated () and () on 123 Magic by reviewing video materials with them. This included start and stop behavior, not over-explaining, and not parenting with emotions. HBCW reviewed the counting portion of 123 Magic with () HBCW educated () on negative and positive coping skills and provided () with examples of each. HBCW educated () on replacing negative coping skills gradually by relying more on positive ones.

Barriers: No barriers identified at this point in time.

Concerns: No concerns identified at this point in time.

Family Cooperativeness

() and () were engaged and cooperative during HBCW sessions. () and () both actively listened, asked questions, and applied what they were learning to parenting (). They are both willing to take the necessary steps to complete the program.

Recommendation Regarding Services For Goal To Continue

HBCW completed the initial assessment, initial treatment plan, and initial safety plan within 7 days of the first face-to-face contact. These documents were uploaded into KidsTraks. HBCW will be using 123 Magic as the evidence-based practice. HBCW recommends continuing family preservation services to achieve identified goals and objectives.